

# VIRTUAL CINEMA CYCLE

## 15 JULY - 15 AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
05:30:00 <b>RPM 78</b> (30 Mins) duration: 00:28:26	05:30:00 <b>RPM</b> duration: 00:29:54	05:30:00 <b>RPM 78</b> (30 Mins) duration: 00:28:26	05:30:00 <b>RPM</b> duration: 00:29:58	05:30:00 <b>RPM</b> duration: 00:29:54	07:00:00 <b>RPM 77</b> duration: 00:45:38	07:00:00 <b>RPM</b> duration: 00:46:48
07:00:00 <b>RPM 78</b> duration: 00:44:51	07:00:00 <b>RPM 76 EXPRESS</b> duration: 00:29:36	07:00:00 <b>RPM 77</b> duration: 00:45:38	07:00:00 <b>RPM 78</b> duration: 00:44:51	07:00:00 <b>RPM 76</b> duration: 00:45:46	09:30:00 <b>RPM 78</b> duration: 00:44:51	08:30:00 <b>RPM 78</b> (30 Mins) duration: 00:28:26
10:30:00 <b>RPM</b> duration: 00:29:54	09:00:00 <b>RPM</b> duration: 00:29:54	09:00:00 <b>RPM</b> duration: 00:30:02	09:00:00 <b>RPM</b> duration: 00:29:43	10:30:00 <b>RPM</b> duration: 00:30:02		09:30:00 <b>RPM 77</b> (30 Mins) duration: 00:29:55
	17:00:00 <b>RPM 78</b> (30 Mins) duration: 00:28:26	10:30:00 <b>RPM</b> duration: 00:29:58	17:00:00 <b>RPM 77</b> (30 Mins) duration: 00:29:55	17:00:00 <b>RPM</b> duration: 00:29:54		16:00:00 <b>RPM</b> duration: 00:46:48

WE HAVE SCHEDULED LESS CLASSES IN OUR GROUP FITNESS ROOM TO GIVE YOU MORE FLEXIBILITY TO COME IN AND DO A CLASS AT ANYTIME 24/7 ON DEMAND

PLEASE TURN OFF THE PROJECTOR AFTER USE, THE REMOTE IS ON TOP OF THE WEXER BOX SELECT FROM OVER 350 CLASSES - ENJOY!