

VIRTUAL CINEMA CYCLE

STARTS 20 SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
04:45:00 Col dâ duration: 00:42:03	06:00:00 Beach breakout duration:	04:45:00 Col dâ duration: 00:42:03	06:00:00 St. Bernardâ duration: 00:32:00	04:45:00 Sprint to the summit duration: 00:41:59	08:15:00 ZigZag duration:	08:30:00 RPM 79 (30 Mins) duration: 00:29:45
05:30:00 Sprint to the summit duration: 00:41:59	09:00:00 RPM 78 duration: 00:44:51	05:30:00 Joshua Tree duration: 00:42:03	09:00:00 RPMâ duration: 00:29:58	05:30:00 Joshua Tree duration: 00:42:03	09:00:00 St. Bernardâ duration:	09:30:00 RPM 79 (30 Mins) duration: 00:29:45
06:15:00 Beach breakout duration: 00:32:09	16:30:00 RPM 79 (30 Mins) duration: 00:29:45	06:15:00 Sprint to the summit duration: 00:41:59	16:30:00 RPM 79 (30 Mins) duration: 00:29:45	06:15:00 St. Bernardâ duration: 00:32:00		16:45:00 RPM 79 duration: 00:46:18
09:00:00 Joshua Tree duration:	18:00:00 ZigZag duration:	09:00:00 RPM 79 (30 Mins) duration: 00:29:45	17:45:00 Sprint to the summit duration:	09:00:00 Just north of summer duration:		
17:00:00 St. Bernardâ duration:	19:30:00 RPM 78 (30 Mins) duration:	16:30:00 RPM 79 (30 Mins) duration: 00:29:45				
18:00:00 Swell duration:		17:45:00 ZigZag duration:				
19:30:00 RPM 79 (30 Mins) duration:		19:30:00 RPM 77 (30 Mins) duration:				

WE HAVE SCHEDULED LESS CLASSES IN OUR GROUP FITNESS ROOM TO GIVE YOU MORE FLEXIBILITY TO COME IN AND DO A CLASS AT ANYTIME 24/7 ON DEMAND

PLEASE TURN OFF THE PROJECTOR AFTER USE, THE REMOTE IS ON TOP OF THE WEXER BOX SELECT FROM OVER 350 CLASSES - ENJOY!